

THE DIFFERENT KINDS OF Fear

RECOGNIZE IT. BRING IT TO GOD. WALK FORWARD.

Fear must not be allowed to govern what God has called me to do.

This is a quick reference you can use when you're feeling something and want to check what fear it might be, what it sounds like, what God says, and how to respond.



NATURAL FEAR

REAL DANGER.
BE AWARE.

"This is frightening."

LUKE 1:29-30

Can produce alertness and emotional reaction.



FEAR OF PEOPLE

THEIR OPINION FEELS
BIGGER THAN GOD.

"What will they think about me?"

PROVERBS 29:25

Can produce compromise, hiding, and people-pleasing.



FEAR OF LOSS

HOLDING
TOO TIGHT.

"What if obedience costs me something?"

LUKE 1:38; ESTHER 4

Can produce self-protection.



FEAR OF THE FUTURE

WHAT I
CAN'T CONTROL.

"What if something goes wrong?"

MATTHEW 6:25-34

Can produce anxiety and imagined catastrophes.



FEAR THAT BECOMES BONDAGE

TRAPPED
IN "WHAT IF."

"I cannot move because something bad might happen."

ROMANS 8:15

Can produce paralysis and retreat.



TIMIDITY

GOD HAS CALLED ME,
BUT I HESITATE.

"I know what I should do, but I'm afraid to step into it."

2 TIMOTHY 1:6-8

Can produce silence, shame, and shrinking back.



FEAR OF THE LORD

RIGHT FEAR
LEADS TO LIFE.

"God's voice matters more than every other voice."

LUKE 1:50

Can produce wisdom, worship, and obedience.

*His Truth
Brings
Freedom*

You're Not Alone —

BRING WHAT YOU'RE FEELING TO GOD.
HE GIVES COURAGE FOR WHAT COMES NEXT.

— COVENANT CHURCH
BLACK RIVER

FEAR, COURAGE & OBEDIENCE

L u k e 1 : 2 6 – 3 8

FEAR DOESN'T HAVE TO GET YOUR YES.

GOD GAVE MARY REASONS TO TRUST

“For nothing will be impossible with God.”

Luke 1:37

BIBLICAL COURAGE

Mary said:

“Let it be to me according to your word.”

Luke 1:38

AM I WAITING ON GOD, OR AM I WAITING UNTIL I'M NOT AFRAID?

WATCH WHO YOU LET WHISPER IN YOUR EAR

After Gabriel leaves, Mary goes to Elizabeth.

“Blessed is she who believed...”

Luke 1:45

EXPERIENCE DOESN'T AUTOMATICALLY EQUAL WISDOM.

DISCOVERY

The women at the tomb left:

“with fear and great joy”

Matthew 28:8

THEY WERE STILL FEELING FEAR WHILE THEY WERE WALKING IN OBEDIENCE.

PERSONAL REFLECTION

1. What fear most often influences my decisions?
2. Who have I allowed to speak into my life?
3. What has God actually said about what I'm afraid of?

WHAT IS FEAR KEEPING YOU FROM SAYING YES TO?

You're Not Alone